



SHAMROCK'N WEEKEND

March 15 & 16

Sacramento —Sutter Health Park

Shamrock'n Weekend is nearly here. Our race planning leprechauns have been hard at work. We have an exciting weekend in store for you! Read on for specific details about race week.

We've summarized all the pertinent race information below, in order of what we need you to remember most (we get it, our attention span wanes too).

As always, a wealth of backup info is available on our website at shamrocknhalf.com.

Start Line for all Races: at Sutter Health Park along 5th Street just North of Ballpark Dr.

Finish Line for all Races: We think we have the best finish line ever. Enter the gates of the Players Lot and make your way to the Center Field gate that will open onto the warning track and take you to the Finish Line arch along 1st base. The Stadium is hallowed ground, being Home of the Sacramento River Cats Minor League Baseball Team and temporary home of the Athletics Major League Baseball Team. Take it all in and enjoy the moment. Recover your senses and join your family and friends to celebrate your accomplishment up on the concourse.

Post-Race Party-Finishers of the 5K, 10K and Half Marathon will get a sandwich wrap at the top of concourse hand-made by the stadium chefs. If you are parched, all finishers over the age of 21 can grab a complimentary beer (alcoholic or non-alcoholic) from Athletic Brewing Company in the post-race party zone.

Packet Pick Up Days and Times

(Yes, a friend can pick up your packet for you)

Shamrock'n 5K, 10K and Kids' Leprechaun Dash 1/2 Mile

- Wednesday, March 12th – 10am to 7pm (Fleet Feet, 2311 J Street)
- Thursday, March 13th – 10am to 7pm (Fleet Feet, 2311 J Street)
- Friday, March 14th – 10am to 7pm (Fleet Feet, 2311 J Street)
- Race Day Saturday, March 15th – Race Day 6:45am – Sutter Health Park

Shamrock'n Half Marathon

- Wednesday, March 12th – 10am to 7pm (Fleet Feet, 2311 J Street)
- Thursday, March 13th – 10am to 7pm (Fleet Feet, 2311 J Street)
- Friday, March 14th – 10am to 7pm (Fleet Feet, 2311 J Street)
- Saturday, March 15th – 10am to 6pm (Fleet Feet, 2311 J Street)
- Race Day Packet Pickup Only, Sunday, March 16th – 6:30am – Sutter Health Park (no race day registration) **Please note that Pre-Race Packet Pickup is highly recommended

Prior to picking up your half marathon bib, you will need to find your wave number, which can be located [here](#). If you don't have a wave number assigned, don't stress! We will assign it for you at packet pickup.

There is only street parking available for packet pickup. There is no parking available in the lot behind Fleet Feet.

Start times:

Saturday:

- Leprechaun Dash Kids' Run—8:00 a.m.
- Wheelchair 5K—8:15 a.m.
- 5K—8:25 a.m.
- 10K—9:10 a.m.

Sunday:

- Wheelchair—7:35 a.m.
- Half Marathon Wave 1—7:45 a.m.
- Half Marathon Wave 2—8:00 a.m.
- Half Marathon Wave 3—8:15 a.m.

Frequently Asked Questions

Can I switch subevents? Yes! You may switch subevents. We are unable to switch online, but you can switch at packet pickup. When you arrive, pick up your original bib and take it to the solutions desk at the front of the tent and we can switch it for you there.

Can people still sign up? Unfortunately, the 2025 Shamrock'n Weekend is sold out and we can not accept any more runners this year.

Can I switch shirt sizes? We have a limited number of women's shirts available to switch at packet pickup. If you wish to change a men's shirt size, we will be able to do so on Monday after the race if we still have sizing available.

Stadium Security

All guests, including athletes will pass through a metal detector upon entry into Sutter Health Park. Clear bags are required if larger than a small clutch or wallet (5"x8" – about the size of a half sheet of paper).

Athletes will be permitted to enter the gates at Sutter Health Park with their personal hydration packs/vests.

Sutter Health Park is a cashless venue. All major credit cards are accepted inside the gates.

A concession stand will be open during the event to offer coffee, hot chocolate, and other snacks, meals.

What happens if it rains?

All Shamrock'n events will be held rain or shine!

Race Rules

For the safety of all participants, and for insurance reasons:

- Baby joggers or strollers are not allowed in the 5K, 10K, Half Marathon or kids' race.
- No dogs in the race or the start/finish area
- No participants with leg or foot casts

No exceptions to above rules

Cancelation Policy

Per the running industry policy, all entry fees are non-refundable & entries are non-transferable, unless you signed up for the optional Protecht race insurance during registration. Once we receive and accept your entry, you will not receive a refund if you cannot participate, you may not give or sell your number to anyone else, and you may not transfer your 2025 entry fee to a future race. This policy applies to all entrants and is in effect whether you are injured, have an unexpected family/business emergency, have a medical emergency, etc. If the course has to be changed or the race is cancelled due to an act of nature there are no refunds or rollovers. There are NO exceptions.

If I ride my bike, where can I safely put it?

For those that want to avoid the parking at Sutter Health Park you can ride your bike! Just ride your bike to Sutter Health Park and with some help from the Sacramento Area Bicycle Advocates we will do the rest. We will have a bike valet check-in at Ballpark Drive and Riverfront Street in West Sacramento. They will keep it there secure for the duration of the event and you can pick it up after you finish!

Where can I park?

There is free parking at the Stadium. With over 5,000 total participants plus family and friends to cheer you on, expect very heavy traffic race morning. Please allow extra time for parking. Carpooling is strongly encouraged.

If I want to dress warmly pre-race, where can I put my stuff?

The Shamrock'n Weekend will have a gear check. Come early dressed in as many layers as you'd like. Toss your extra layers into a sweat check bag before you start the race. Using a felt tipped pen, write your race number on the bag provided at the sweat check site. Just don't forget to pick up your items after the race is over.

I completed the Double-Header. Where can I pick up my medal?

After you complete the half-marathon, the Double-Header medals will be available for pick-up at the Awards booth near the main entrance.

Can I wear headphones?

Yes, headphones are allowed. We still encourage people to run without headphones to better enjoy the live music along the course, enjoy the beautiful scenery and to chat with fellow runners, but the choice is yours. Please run safely.

What is the time limit for Shamrock'n?

All race distances must be completed under a 20 min. per mile pace.

How old do you have to be to participate in the half marathon?

Half Marathon participants are required to be 15 years and older.

Can I see the course maps?

You can see the 5K/10K course [here](#) and the half marathon course [here](#).

What's happening post-race?

All registered participants 21 and over will receive one free beer (alcoholic or non-alcoholic) from Athletic Brewing and a sandwich wrap. An assortment of food and beverages will also be for sale at the Coop & Kennel concession stand for spectators. Hang out and cheer for friends or go enjoy the post-race party.

Will there be pacers?

Looking to run a specific time for the Half Marathon? We have you covered. Pacers in Wave 1 will be: 1:25, 1:30, 1:35, 1:40, 1:50, and 2:00. Pacers in Wave 2 will be: 2:10, 2:20, and 2:30.

How do I find out what half marathon wave I am in?

You can find your half marathon wave number by going [here](#). If you don't have a wave assigned, we will assign it for you at packet pickup.

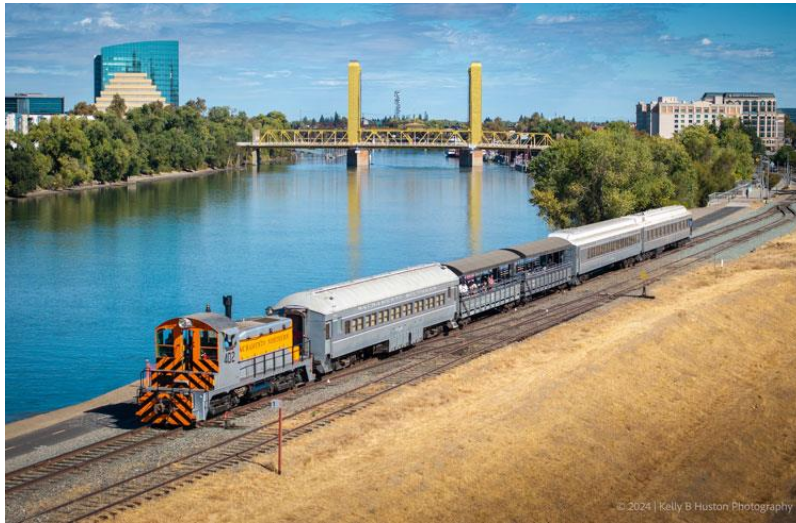
The race up front, the "Elites"

Did you know that the Shamrock'n Half Marathon has over \$2000 available in prize money? Expect to see some fast ones up front!

Where can I find additional information about the races?

Please visit our website at shamrocknhalf.com

Special offer from the California State Railroad Museum



Celebrate your Shamrock'n race day accomplishment with a festive excursion train ride just across the river! The 42nd operating season of the Sacramento Southern Railroad kicks off March 15 and 16, with a special Leprechaun Lounge Pub Car (21+ only), for St. Patrick's Day weekend festivities.

To continue the festivities, the California State Railroad Museum Foundation is offering Shamrock'n participants a special offer code (valid for March 15 and 16 only) to ride the train post-race. This offer code is good for both the regular excursion train ride, as well as the Leprechaun Lounge.

Opening Weekend Offer Code: **Lucky25**

Excursion Trains

The California State Railroad Museum and Foundation invite you to take a ride on the museum's historic trains and enjoy a 50-minute train ride along the Sacramento River.

For the regular excursion train rides (fun for all ages), visit [The California State Railroad Museum Website](https://www.california-railroad-museum.org/tickets) and click the "buy tickets here" button. Click on the train time you would like to ride to purchase your tickets and enter the offer code when prompted.

With the Lucky25 offer code you will receive \$2 off regular excursion tickets.

Lucky25 Prices

- Shamrock Run Adult - \$16
- Shamrock Run Youth (ages 6 – 17) - \$8
- Shamrock Run Child (5 and under) – Free

Leprechaun Lounge

This St. Patrick's Day weekend, follow the end of the rainbow and climb aboard the Leprechaun Lounge pub train, the luckiest ride in town! For one weekend only, our first-class car, the El Dorado, transforms into an Irish pub on rails. Reserve your spot today to craic a cold one with your best mates! Your ticket includes two drink tokens (we'll have alcoholic and nonalcoholic options), snacks, and a limited-edition can cooler. Sláinte!

To use the offer code, visit the [Leprechaun Lounge Webpage](#) and select the time and date you would like to ride. Enter the promotion code Lucky25 in the box to get \$2 off the regular ticket price.

Note that the Leprechaun Lounge is an event for guests 21 and older.

